

1. SKILLINGTON VILLAGE EMERGENCY TELEPHONE SYSTEM AND DEFIBRILLATOR.

IN THE EVENT OF AN EMERGENCY CALL 999 FIRST.

If the emergency requires the use of the defibrillator, the operator will give you the code for the telephone box (on the corner of Middle St and The Square).

If you need help to get the defibrillator, call 01476 500 110.

This number will automatically call local volunteers who have agreed to help in case of emergencies, not just those requiring the defibrillator.

We recommend that you enter this number into your home / mobile phones.

2. We need more volunteers. If you would like to be a volunteer, please contact Richard Wrigley 01476 860906 / 07940974222, richard.wrigley@nottingham.ac.uk

3. With the Community HeartBeat Trust, a free training session has been organised on Cardiac Arrest Response, for Saturday 13th April, at 11.00 in the Village Hall. The session will cover:

recognising Sudden Cardiac Arrest;
emergency procedure when calling 999;
how to do CPR (Cardiopulmonary Resuscitation);
how to use a defibrillator;
recovery position;
handing over to paramedics;
post-event stress.

To participate, please contact Richard Wrigley 01476 860906 / 07940974222, richard.wrigley@nottingham.ac.uk